



WEEK 1

**TITUS 3:4-7**

Kindness Principle

**ASK THIS:** What does kindness look like?

WEEK 3

**MATTHEW 25:35-40**

The Least of These

**ASK THIS:** Have you ever received unexpected kindness?

WEEK 2

**RUTH 1 & 2**

Ruth and Boaz

**ASK THIS:** When is it hard to be kind?

WEEK 4

**MATTHEW 5:43-48**

Love Your Enemies

**ASK THIS:** How can you be kind to people you don't get along with?

REMEMBER THIS

"Do to others as you want them to do to you."  
Luke 6:31, NIV

LIFE  
APP

**KINDNESS** – Showing others they are valuable by how you treat them

DO THIS



MORNING TIME

Send a text or write a note to your preteen reminding them of this: "Showing kindness to others isn't about getting the credit. It just means you are doing your part to love others well. Keep up the good work!"



DRIVE TIME

Share the kindness! Have each person in the car take turns talking about how another person in the car showed them kindness that week or month. Expand even further and talk about what you might have seen someone at school do that showed kindness to another person. Encourage one another to spread kindness wherever they are!



MEAL TIME

Q & A for kids: What is the most valuable thing you own? How do you treat it?

Q & A for parents: What is the kindest thing anyone has ever done for you?



BED TIME

What is something kind you did for someone in your family or a friend? Was it easy or difficult? We all know that we should be kind to the people we're close to, but that can sometimes be hard to do! Think about Ruth. When things got tough she chose to treat Naomi with kindness. Pray, that instead of getting frustrated with your family or friends, you will all choose kindness.

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